

Additional Hour Breakdown for 300 Hour Hair Designer to Cosmetology Program

SUBJECT AREA	Recommended 300 Hour Core	Recommended Clinic 50% Core	Recommended Theory 25% Core
1. Infection Control & Principles/Practices <ul style="list-style-type: none"> • Bacteriology • Dispensary Requirements & Operations 	20	10	5
2. Manicure & Pedicure Procedures & Practices <ul style="list-style-type: none"> • Structure of Nails (<i>Anatomy of Bones, Skin and Muscles</i>) • Diseases, Disorders, and Conditions • Basic Manicure and Pedicure • Manicure and Pedicure (<i>Tools/ Equipment</i>) • Hand/ Arm/ Foot/ Leg Massage • Artificial Nail Enhancements / Maintenance 	120	60	30
3. Skin Care Procedures & Practices <ul style="list-style-type: none"> • Skin Theory (<i>Anatomy of Skin/Body Systems/Cells/ Tissues</i>) • Diseases, Disorders, and Conditions • Basic Facials (<i>Techniques/Treatments/Facial Make-up/Hair Removal</i>) • Relaxation Treatments/ Health History • Electricity (<i>Principles/Safety/Effects/Therapies</i>) 	120	60	30
4. Salon Operations & Communication Skills <ul style="list-style-type: none"> • Salon Operation & Management (<i>Sales/Consultation/Career Development/Professional Image</i>) • Communication Skills (<i>Listening Skills/Product & Service Education/Consultation</i>) 	40	20	10
Total	300	150	75
Flexible Learning Hours		75	
Parameters: <ul style="list-style-type: none"> • Each School must prepare and submit for approval a teaching plan within this curriculum. • Flexible Learning Hours shall be used to create an Individualized Learning Plan if necessary • Internship Hours would be designated as Flexible Learning Hours. 			